



Express Catering Menu Autumn & Winter 2009

Phone Orders to (301) 428-0650

Fax Orders to (301) 428-0820

Email Orders to sales@highpointcatering.com



Please visit our *NEW* website for coupons, specials, and recipes:

www.highpointcatering.com



Please ask us about setting up a Corporate Account

Prices are subject to change

High Point Breakfast

The High Point Continental (minimum of 10) \$9.59

An assortment of danishes, pastries, breads, muffins and bagels served with cream cheese and/or fruit spreads. Served with fresh fruit and assorted juices *Toasters are available for an additional charge*

Traditional Morning Breakfast Buffet (Minimum of 10) \$13.79

Scrambled eggs w/ sharp cheddar, maple sausage links, pan-fried bacon, buttermilk pancakes w/ syrup, fresh honeydew slices, buttermilk biscuits, *and now with assorted juices*

Danish & Pastry Tray (Minimum of 12) \$2.69

An assortment of fresh baked danishes and pastries served with butter

Assorted Bagel Tray (Minimum of 12) \$2.09

A mixture of freshly baked bagels served with an assortment of butter, jellies, and/or cream cheese spreads

Toasters are available for an additional charge

Fresh Muffin Tray (Minimum of 12) \$2.29

Assorted, freshly baked regular and mini muffins served with butter and jellies

Fruit salad comes with each order of the following breakfast items:

Breakfast Bagel Sandwich (Minimum of 10) \$4.09

Farm fresh eggs, crispy bacon, provolone cheese and hollandaise sauce, atop a toasted onion bagel

Ham, Egg & Cheese Croissant (Minimum of 10) \$3.79

Farm fresh eggs, fresh sliced ham & American cheese in a freshly baked French croissant

Veggie Breakfast Biscuit (Minimum of 10) \$4.09

Our vegetarian breakfast "sausage" served with tomato, onions, and melted cheddar in a warm homemade biscuit. Three biscuits per serving

Breakfast Sliders (Minimum of 10) \$4.09

Cheddar and Jack cheeses melted atop farm fresh eggs and a "healthy" serving of bacon all served on a toasted potato bun. Three sliders per serving

BREAKOUT SNACKS

Turtle Chex Mix	\$1.55
Potato Chips	\$1.05
Baked Potato Chips	\$1.05
Pretzels	\$1.05
Apples / Bananas	\$1.25
Oranges	\$1.50
Granola Bars	\$1.45
Power Bars	\$1.95
Yogurt (assorted variety)	\$1.45

Party Platters

NEW!! Antipasto Platter (Minimum of 12) \$4.34 per person

This platter includes sliced fresh Mozzarella, Artichoke Hearts dusted w/Italian Seasoning Blend, Cremini Mushrooms & Calmatta Olives tossed in Spicy Red Pepper and Garlic Infused Oil, Grilled Asparagus, Sliced Genoa Salami & Pepperoni

Veggie Crudités (Minimum of 12) \$2.45 per person

An assortment of baby carrots, cherry tomatoes, broccoli florets, red bell peppers and asparagus spears served with our house dipping sauce or hummus

Seasonal Fresh Fruit Platter (Minimum of 12) \$2.99 per person

An assortment of seasonal fresh fruit served with fruit infused yogurt

Cheese and Cracker Platter (Minimum of 12) \$3.14 per person

An assortment of three gourmet cheeses accompanied by crackers and grapes

Dessert Platter (Minimum of 12) \$2.25 per person

An assortment of cookies, brownies, blondies and/or seasonal desserts

**Please see the dessert section for your options*

The Warm Up

Minimum of 10 per item order

Petite Quiche \$3.99

From Lorraine and Spinach Herb to Three Cheese and Shrimp, we have something for every taste

Spanakopita \$3.69

Fresh spinach and feta wrapped in phyllo dough, baked to golden brown perfection

Chesapeake Crab Pretzel \$4.69

A savory soft pretzel topped with crab imperial, melted cheddar and jack cheeses

Spinach and Artichoke Dip \$3.89

Blended Parmigiano and Romano cheeses with spinach, artichoke hearts, sautéed onions and bell peppers. Served with toasted pita points

Bacon Wrapped Bay Scallops \$4.79

Bay scallops tossed in bay seasoning, wrapped in smoked apple-wood bacon and grilled to perfection

South by Southwest Eggrolls \$3.69

A hearty blend of chicken, cheese and vegetables in a crispy flour tortilla. Served with Ranch dressing and our Southwest dipping sauce

NEW!!

Our "Special" Sandwiches

NEW!!

The Cobb \$7.99

Smoked turkey breast, bacon, avocado, bleu cheese spread, green leaf lettuce, tomato, and red onion, served on a fresh baked croissant

The Gobbler \$7.99

Oven roasted turkey breast, stuffing, cranberry sauce, and a light gravy sauce, served on toasted sourdough

Ol' Roy \$7.99

Chicken breast, pancetta, arugula garlic aioli, lemon zest, green leaf lettuce, fresh pepper on sourdough

Chipotle Chicken & Avocado \$7.99

Chicken breast, avocado, Monterey Jack cheese, homemade chipotle sauce, mesclun mix greens, and tomato, served on multi-grain bread

Our Coldest Cut \$7.99

Smoked turkey breast, Black Forest ham, Angus Roast Beef, Provolone cheese, green leaf lettuce, tomato, red onion, and our House sauce, served on a 6" sub roll

Classic Deli Sandwiches

\$6.99 per sandwich

(Includes green leaf lettuce, tomato, onion, and one side item)

Smoked Turkey Breast on Whole Wheat

Black Forest Ham & Swiss on Marbled Rye

Angus Roast Beef on Sourdough

Oven Roasted Chicken Breast on Whole Wheat

Rosemary Chicken Salad on Whole Grain White

Homemade Tuna Salad on Multi-grain

Cheese: (\$.50 Extra) Provolone, Swiss, American, and Monterey Jack.

Extras: (\$.65 Extra) Avocado, Alfalfa Sprouts, Bacon, Red and Green Bell Peppers

SIDES: Potato Chips - Baked Chips - Potato Salad - Coleslaw - Pretzels - Apple - Orange - Banana
Fruit Salad or Pasta Salad (\$1.25 extra)

The Lunch Box

(\$10.99 per Person)

10 person minimum

Choose from any of our cold deli sandwiches and have the perfect lunch for a meeting or on the go. The Lunch Box includes one beverage, side and dessert.

Substitute a Wrap or Specialty Sandwich for an additional \$1.00

Please see "From the Corner Garden" for a list of our vegetarian options

Specialty Wraps

NEW!! Parmesan Tuna Wrap

Whole Wheat tortilla, homemade parmesan tuna salad, Romaine lettuce, tomato, red onion, and our house sauce

Mango Turkey Wrap

Whole wheat tortilla, smoked turkey breast, mango chutney, avocado, Romaine lettuce, bacon, and a balsamic drizzle

The Big Red Wrap

Our sun-dried tomato tortilla with raspberry vinaigrette, chicken breast mesclun mix greens, red pepper strips, sliced red onion, feta cheese and sun-dried tomato

California Wrap

Spinach herb tortilla, ranch dressing, freshly sliced smoked turkey breast, Romaine lettuce, tomato, avocado, Monterey jack cheese and alfalfa sprouts

Southwestern Wrap

Flour tortilla with lime cilantro vinaigrette, chicken breast, Romaine lettuce, tomato, sliced red onion, fresh chopped cilantro, fire roasted corn and black beans

Shrimp Salad Wrap

Old Bay tortilla, homemade shrimp salad, spicy shrimp sauce, Romaine lettuce, tomato red onion, ground black pepper and celery

All Hail Caesar Wrap

Golden wheat tortilla, creamy Caesar dressing, chicken breast, Romaine lettuce, tomato, red onion, freshly shredded parmesan cheese

The Aegean Chicken Wrap

Tomato tortilla, Greek dressing with feta, grilled chicken breast, baby spinach, cucumber, tomato, red onion, and black olives

American Turkey Wrap

Whole wheat tortilla, mayonnaise, mustard, turkey breast, bacon, American cheese, Romaine lettuce, tomato, and red onion

BBQ Chipotle Turkey Wrap

Chipotle tortilla, our homemade smokey blend BBQ sauce, shredded and spiced pulled turkey, bacon, cheddar and jack cheeses, Romaine lettuce, tomato, and red onion



Deli Wraps

Smoked Turkey Breast on spinach herb tortilla with American cheese, Romaine lettuce, tomato, red onion, mayo, and mustard

Black Forest Ham on rye tortilla with Swiss cheese, lettuce, tomato, red onion, mayo, and mustard

Roast Beef on tomato tortilla with Provolone cheese, lettuce, tomato, red onion, and horseradish

Oven Roasted Chicken Breast on whole wheat tortilla with Monterey Jack cheese, Romaine lettuce, tomato, red onion, mayo, and mustard

SIDES: Potato Chips - Baked Chips - Potato Salad - Coleslaw - Pretzels - Apple - Orange - Banana
Fruit Salad or Pasta Salad (\$1.25 extra)

Please see "From the Corner Garden" for a list of our vegetarian options

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The Salad Bowl

Our individual salads come with the ingredients mixed and are served with either a roll or crackers

NEW!! Traditional Cobb Salad Reg Bowl \$15.79 Lg Bowl \$19.79 Individual \$7.79

Chopped Romaine lettuce, bacon, avocado, tomato, hard boiled egg, Bleu cheese crumbles, and served with traditional Cobb salad dressing

NEW!! Waldorf Salad Reg Bowl \$14.79 Lg Bowl \$17.79 Individual \$6.79

Fuji apples, dried cranberries, walnuts, and Waldorf dressing atop a bed of chopped Romaine lettuce

Mrs. Egan's Salad Reg Bowl \$14.79 Lg Bowl \$18.79 Individual \$7.79

Mesclun mix, chopped Romaine lettuce, feta cheese, sun-dried tomato, red onion, pecans, and served with raspberry vinaigrette

Las Cruces Salad Reg Bowl \$14.79 Lg Bowl \$18.79 Individual \$6.79

Fresh chopped Romaine lettuce, corn, black beans, red onion, tomato, fresh cilantro, and tortilla crumbles. Served with a lime cilantro vinaigrette dressing

The High Point House Salad Reg Bowl \$14.79 Lg Bowl \$18.79 Individual \$5.79

A mixture of fresh chopped Romaine and mesclun mix greens, tomato wedges, sliced red onion, cucumber slices, and red pepper strips, and served with balsamic vinaigrette dressing

Caesar Salad Reg Bowl \$13.79 Lg Bowl \$17.79 Individual \$5.79

High Point's offering of this salad staple comes with fresh chopped Romaine lettuce, fresh baked croutons, parmesan cheese

The Big Greek Salad Reg Bowl \$14.79 Lg Bowl \$18.79 Individual \$6.79

Fresh chopped Romaine lettuce, with jumbo olives, tomato, red onion, cucumber, feta cheese crumbles, and served with Greek feta dressing

The above salads are available in three sizes: Individual - Regular (serves 5-8) - Large (serves 10-15)

**Chicken Breasts are available for an additional charge*

NEW!! Liz's Asian Pasta Salad Reg \$12.59 Lg \$19.59

Chinese wheat noodles, carrots, snow peas, baby corn, green onions, and tossed in a Szechuan based sauce

Rotelli Pasta Salad with Sun-Dried Tomatoes Reg \$16.79 Lg \$21.79

Rotelli pasta tossed with fresh mozzarella, parmesan cheese, tomatoes, basil, black olives, sun-dried tomatoes, capers, garlic, red pepper, red onion, olive oil, red wine vinegar, and raspberry vinaigrette

Fresh Fruit Salad Reg (serves 5-8) \$14.69 Lg (serves 10-15) \$19.69

Red Skin Potato Salad Reg \$14.95 Lg \$18.95

(German and Three Potato salads available. Pricing may vary)

Pasta, Fruit, and Potato Salads come in two sizes: Regular (serves 10-15) - Large (serves 15-20)

From the Corner Garden

High Point Vegetarian Selections

All Wrapped Up In Veggies (\$7.99)

Herb garlic tortilla, honey mustard, mesclun mix greens, tomato, green onion, red & green peppers, carrots, kidney beans, and freshly grated parmesan cheese

Veggie Love Sandwich (\$7.99)

Whole grain bread, herb cream cheese spread, cucumber, green leaf lettuce, alfalfa sprouts, tomato, red pepper, ground salt and ground black pepper

Avocado Delight Sandwich (\$7.99)

Whole wheat bread, balsamic vinaigrette, Swiss cheese, green leaf lettuce, avocado, alfalfa sprouts, tomato, ground salt and black pepper

Tofu Egg Salad Sandwich (\$6.99)

Whole grain bread, tofu egg salad, green leaf lettuce, tomato, red onion

NEW!!

High Point Soup Selection

NEW!!

\$3.59 per serving

Soup is purchased per person and is served in 12 ounce containers.

Every order comes with assorted crackers



Sunday & Monday: French Onion

Tuesday & Saturday: Chicken Noodle

Wednesday: Cream of Chicken and Wild Rice

Thursday: Broccoli and Cheese

Friday: Boston Clam Chowder



Everyday: Roasted Tomato and Red Pepper Bisque (vegetarian)

**Soup Warmers/ Crock Pots are available for an additional charge*

(Minimum of 12)

NEW!!

The High Point Half & Half

NEW!!

\$6.99 per serving

Half Classic Deli Sandwich and Half House, Caesar, or Greek Salads

Half Classic Deli Sandwich and Half Soup

Half Soup and Half House, Caesar, or Greek Salad

Wraps, Signature sandwiches, and all other salads maybe substituted for an additional charge

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Hot Selections

Each selection comes with two accompaniments

NEW!! Roasted Turkey Breast (Minimum of 12)

Oven Roasted, Thick Sliced, Premium Turkey Breast

NEW!! Honey Pit Ham (Minimum of 12)

Thick Sliced Ham, Slow Baked w/Clove and raw honey

NEW!! Homemade Lasagna (Minimum of 8)

Semolina lasagna pasta layered with ricotta, fresh mozzarella, parmesan, fresh basil, and a rich meaty tomato sauce. *A vegetarian option is available*

Mediterranean Warm Wrap (\$8.89) Minimum of 4

Philo pastry dough filled with couscous, portabella mushrooms, red and yellow bell peppers, roasted zucchini, asparagus, asiago cheese, roasted onions, and roasted garlic.

Served warm. 2 wraps per order

Barbecue Pulled Chicken (Minimum of 8) \$10.99

Slow roasted pulled chicken in our special Carolina honey mustard style barbecue sauce and seasoned to perfection

Barbecue Pulled Pork (Minimum of 8) \$10.99

Slow cooked pork shoulder pulled from the bone and tossed in our Smokey Citrus barbecue sauce

Cajun Pulled Turkey (Minimum of 8) \$10.99

Slow cooked turkey breast until fork tender. It's pulled from the bone and dusted with a special blend of Cajun spices

Texas Brisket (Minimum of 8) \$11.99

Texas style brisket smoked for 12 hours over hickory charcoal and smothered in our Smokey barbecue sauce

Chicken Parmesan with Fresh Basil (minimum of 12) \$12.79

Breaded chicken breast with marinara sauce, Italian cheeses, fresh basil, and served over a bed of Farfalle pasta

Traditional Spaghetti with Meat Sauce (minimum of 12) \$8.79

Spaghetti served with our homemade Italian sausage meat sauce

Accompaniments

NEW!! Rosemary Roasted Potatoes

High Point House Salad

Caesar Salad

Fresh Baked Rolls with Butter

Fresh Garlic Bread

Coleslaw

Rotelli Pasta Salad

NEW!! Sweet Glazed Carrots

Homemade Corn Bread

Garlic Mashed Potatoes

Red Skin Potato Salad

Cranberry Sauce

High Point Stuffing

Black Bean and Corn Salad

Dessert

We offer a wide variety of homemade and locally baked desserts

**Dessert availability may vary*

\$2.25

Per
serving

Cookies

Chocolate Chip
Oatmeal Raisin
Sugar
Rainbow (m&m's)
Heathbar Crunch
Double Chocolate
Oreo
Snickerdoodle

Bars and Cakes

Apple Crumb Cake
Raspberry Cheesecake Brownie
Blondie
Brownie
Gingerbread
Rainbow Brownie
Double Chocolate Brownie
Coconut Dream Bar

Beverages

Coke® and Pepsi® products

2 liter-Bottle \$2.15

12oz cans \$1.30

Bottled Water

8oz. Bottle \$0.70

16.9oz. Bottle \$1.50

NEW!! Snapple

Lemon Iced Tea \$1.79

Diet Lemon Iced Tea \$1.79

Peach Iced Tea \$1.79

Diet Peach Iced Tea \$1.79

NEW!! Perrier

.5 Liter \$1.84

330ml \$1.30

NEW!! San Pellegrino

.5 Liter \$1.86

330ml \$1.32

Freshly Brewed Coffee

Regular & Decaf Blend

Large (serves 12-15) \$19.59

Small (serves 8-10) \$15.59

Hot Tea

Large (serves 12-15) \$13.39

Small (serves 8-10) \$10.39

Assorted Fruit Juices

Apple, Cranberry, Orange, Fruit Medley, Tomato, Grape

10oz. Bottle \$1.50

THE FINE PRINT

Hours of Operation

Our sales representatives are available to assist you Monday through Friday 9am to 5pm.

Orders may be placed by phone, fax, or email. Orders for breakfast (for delivery before 10am) must be placed 24 hours in advance. Orders for lunch and dinner must be placed by 5pm the day before.

We understand that last minute and same day orders do come in and we do try to accommodate them. Same day orders are subject to a service charge.

Please be aware that same day orders may be limited by ingredient and item availability.

Deliveries are available 7 days a week.

Delivery Information

There are no delivery charges on orders of \$75 or higher within our local delivery area.

We will deliver to anywhere outside of our local delivery area in the Washington Metro region.

Charges vary depending on where in the Metro region we are delivering. Please ask one of our Sales Representatives for delivery charges specific to your order.

Cancellations and Changes

Orders may be cancelled up to 24 hours prior to delivery without a charge.

Orders cancelled within 24 hours will be charged in full. We will try to accommodate any last minute changes as they come in; extra charges may apply.

Inclement weather Policy- We reserve the right to cancel deliveries if inclement weather poses a direct threat to our staff. Notification will be given at least two hours prior to the scheduled delivery time in order for our clients to make other arrangements.

Packaging and Setup

All orders come on high quality disposable trays or in aluminum pans. High quality disposable wire racks and sternos are available for hot foods. Disposable plates, napkins, flatware, serving utensils, and cups are included. High-end disposable plates and flatware are available for an additional charge. Disposable table covers are available for an additional charge.

Your delivery driver will set up or assist in the set up of your order.

Payment and Taxes

We accept Visa, MasterCard, AMEX, Discover and company checks.

Please speak with one of our Sales Representatives about setting up a Corporate Account.

Local sales taxes are added to all orders. Tax exempt organizations must provide a tax exempt certificate.

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